

VOCABULARY

INSTRUCTIONS: Look at the following words and their definitions and synonyms before viewing the video

E-commerce: shopping online

To pile up = to accumulate

Styrofoam = US TRADEMARK FOR [polystyrene](#)

Bubble wrap = plastic sheeting with blisters which cushion products and prevent breakage

Foam peanuts = styrofoam nuggets

Shipping material = packaging material which is put in boxes to protect products during shipping

To be earth-friendly = to be environmentally safe

To emit = to give off as emissions

CEO = Chief Executive Officer or Managing Director

Landfill = waste dump

Hiking = walking for a long distance along a trail in the forest or in the mountains

Ground cover = foliage which covers the earth and which retains moisture in the soil

To hold together = to bind

To be made out of = to consist of

Mushrooms = fungus plants which grow on waste material

Compost bin = a container in which organic materials are put in order to decay or rot before being added to soil to improve its quality

To break down = to dissolve

Waste = unwanted matter which is left over after using useful elements

Wisely = judiciously

Sewage = waste water

Sludge = a muddy by-product of waste

Housewares = household appliances

Unlike = not like

From Cradle to cradle = expression used in eco-businesses which means that what we use and consume eventually goes back to its source in the environment